

May



Seven Tips for Raising Caring Kids (continued)

5. Expand your child's circle of concern. Try this:

- * Encourage your child to consider the feelings of those who may be vulnerable, such as a new child at school, and the perspectives of people who may not be on their radar, such as the elderly.
- * Use newspaper or TV stories to **zoom out** and start conversations about other people's hardships and challenges.
- * Help your child zoom in by emphasizing the importance of really listening to others, especially those people who may seem different.

6. Promote your child's ability to be an ethical thinker and a positive change-maker in their community. Try this:

- * Provide opportunities for your child to join causes that interest them.
- * Think out loud with your child. For example, start a conversation about an ethical dilemma you may see on a TV show.

We've come to our last few weeks of school...

During May we will investigate **insects**, **animal habitats** and **flowers**.

We are also honing our Language, Writing and Math skills, and learning to read an analog clock. We will also be working on making special gifts for our families and preparing for our Graduation on 5/16!

Don't forget, your child may bring a show and tell item to share on their leader day.

In case you forget what's happening at **TCNSK** you can always find information about school on our website; **tcnsk.com**

**S u m m e r
Discovery Camp
is filling up! Get
your registrations
in soon to reserve
a spot for your
child or children.
Email Mrs. B. with
any questions ☺**

What a wonderful year!

Thank you.

We have been blessed by your children every day.

Mrs. Natalini-Ms. Sarah and Mrs. Amy Sharadin

Seven Tips for Raising Caring Children (cont'd)

7. Help children develop self-control and manage feelings effectively.

Try this:

- * Help your child identify their difficult feelings, such as frustration, shame and anger. Encourage them to talk to you about why they are feeling that way.
- * Practice three steps to self-control with your child.
 - 1). Stop. 2). Take a deep breath through the nose and exhale through the mouth 3). Count to five
- * Practice with your child how to resolve conflicts. For example, consider a conflict your child experienced and role play different appropriate ways of responding.
- * Set CLEAR limits and boundaries.

Raising caring, respectful, and ethical children has always been hard work but it's something all of us can do. And no work is more important and ultimately more rewarding. —Rick Weissbourd, Faculty Director of Making Caring Common



Dates to Remember

May 3: Field Trip 9:15am-12pm

May 6: Primitive Boutique Pop Up 11am-2pm

May 7: Chapel 10 am JOIN US

May 16: Graduation Program 12pm**

****Please plan to attend**